

COMMUNITY & FAMILY COUNSELLING

Invite you to an evening on...

Anti-Depressants 'Fact and Fiction'

Monday 10 May 2010

7.30pm – 9.30pm

hollywood
familytrust



Background...



Debbie Montgomery is a consultant psychiatrist working in Whiteabbey Hospital. She trained in medicine at Dundee University. She received a Diploma in Mental Health from QUB in 1997 and became a member of the Royal College of Psychiatrists in 1999. Debbie's special interests include perinatal psychiatry & psychological therapies. She has been involved in training other professionals for many years.

Community & Family Counselling was launched in 2004 by Holywood Family Trust with the aim of developing a range of counselling services in the North Down & Ards and greater Belfast areas. The agency is a member of the Association of Christian Counsellors (ACC) and adheres to the ethical frameworks of both the ACC and the (BACP) British Association of Counsellors and Psychotherapists.

"We have invited Debbie to come and share her experience with us around the management of Anti-Depressants. She may also help us to dispel a few myths and legends!" Meriel Pinkerton, Director of the Community & Family Counselling.



This seminar is suitable for counsellors, psychotherapists and other health care professionals.

Key areas will include:

- History & Rationale
- Psychology and Biology
- Evidence for **not** prescribing
- Short/Long-term management
- Side effects and discontinuation
- Diverse uses of ant-depressants
- What they don't do!
- Case studies



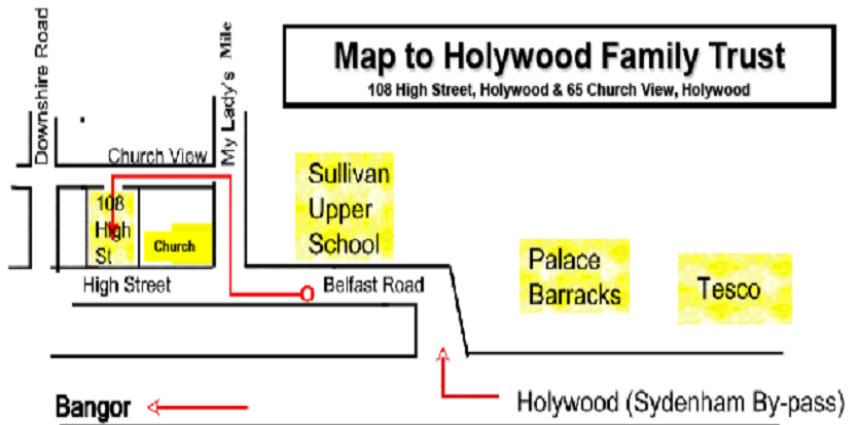
CPD Certificates will be issued

Registration is from 7.15pm

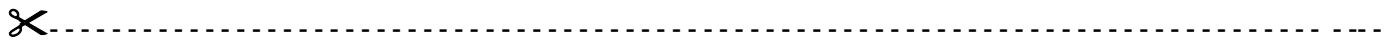
Information and Booking Form...

Venue:

Hollywood CFC Community Hall
65 Church View
Holywood
BT18 9HW
(alternative entrance via 108 High St)



Secure parking available



Name: _____

Address: _____

Postcode: _____ Tel: _____

Email: _____

Cost:

£15.00 per person []

Concession £10.00 (students) []

Please make cheques payable to: Hollywood Family Trust

Please detach and return this completed form and your cheque to:

Sally Moore, Hollywood Family Trust, Community & Family Counselling
108 High Street, Hollywood, BT18 9HW

Enquiries to:

Email: candfc@btconnect.com **Tel:** 028 9042 7842

Please feel free to make copies of this leaflet for friends and colleagues

*Making a
Difference*

